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FOR IMMEDIATE RELEASE

FIELD HOCKEY

Field Hockey Top Pacific 4-0 to Win the NorPac Championship The Golden Bears earn an automatic bid into the NCAA tournament

BERKELEY – Last season the California field hockey team's season was ended by Pacific in the championship game. This year the role was reversed. The Golden Bears (12-7) will return to the NCAA tournament for the first time since 2003, after they shutout Pacific (12-7) 4-0 Saturday afternoon in the NorPac Conference championship game held at Maxwell Family Field on the Berkeley campus.

Sophomore forward **Jenny Crane** gave the Bears the early lead five minutes into the game, after she scored off a drive down the left side of the field and tapping in the goal from the left post.

Junior forward **Valentina Godfrid** scored off a penalty stroke with 18 minutes left in the first period, after freshman forward **Missy Crane** was tripped up near the goal.

The Golden Bears did not score again until the senior midfielder **Chilly Banuelos** scored off another penalty stroke. The Bears' final goal was scored by senior forward **Alexandra Harkins**. Missy Crane passed Harkins the ball off a blocked Godfrid shot attempt.

"It was a complete team effort today," Head coach Shellie Onstead said after the game. "We took control early and just let it go. It was fun to watch and coach."

Defensively for the Bears, goalkeeper Veronica Sykes had five saves. Cal out-shot the Tigers 21 to 11. The Bears also collected nine penalty corners to Pacific's six.

The Bears have won the NorPac tournament five times in the last eight years. Prior to their win today, their most recent NorPac championship victory was in 2003. This will be the seventh appearance for the Bears in the last 15 NCAA tournaments.

"We are so pumped to be going to the tournament," Onstead said. "It is so exciting, we can't wait to find out where and who we will be playing on Tuesday."

The Bears will find out who they will face in the NCAA Regional and the location of that game on Tuesday, Nov. 8. The announcement will be made available live on www.ncaasports.com.

--www.CalBears.com--

Field Hockey Result
NorPac Conference Championship
California 4, Pacific 0
Maxwell Family Field, Berkeley, Calif.
Nov. 5, 2005

Pac 0 0 -- 0

Cal 2 2 -- 4

Scoring Summary

Cal	Crane, Jenny	5:34
Cal	Godfrid, Valentina (Penalty Stroke)	23:50
Cal	Banuelos, Chilly (Penalty Stroke)	58:18
Cal	Harkins, Alexandra (Crane, Missy)	60:45

Shots: Cal 21; Pac 11

Saves: Cal 5 (Sykes, Veronica 5); Pac 5 (Niles, Valerie 5)

Penalty Corners: Cal 9; Pac 6

Green Cards: Cal (Smith, Alana)

Yellow Cards: None

Red Cards: None

Records: Cal 12-7; Pacific 12-7

Attendance: 515

-CalBears.com-

Field Hockey Box Score (Final)

The Automated ScoreBook For Field Hockey

#2 California vs #1 Pacific (Nov 05, 2005 at Berkeley, Calif.)

California (12-7) vs.
 Pacific (11-7)
 Date: Nov 05, 2005 Attendance: 515
 Weather: Sunny

Goals by period	1	2	Tot
-----	-----	-----	-----
California.....	2	2	- 4
Pacific.....	0	0	- 0

California						
Pos	##	Player	Sh	SOG	G	A DS
-----	-----	-----	-----	-----	-----	-----
GK	77	Veronica Sykes.....	-	-	-	- -
F	3	Jennifer Crane.....	3	2	1	- -
M	4	Chilly Banuelos.....	1	1	1	- -
B	7	Jenna Long.....	-	-	-	- -
M	8	Carolina Bistue.....	-	-	-	- -
B	9	Jessica Bird.....	1	1	-	- -
F	10	Valentina Godfrid...	9	2	1	- -
F	15	Teela Crosthwaite...	-	-	-	- -
M	21	Alana Smith.....	-	-	-	- -
B	22	Lisa Hauck.....	-	-	-	- -
F	30	Andrea Lo.....	5	2	-	- -
----- Substitutes -----						
	2	Missy Crane.....	-	-	-	1 -
	12	Alexandra Harkins...	2	1	1	- -
	Totals.....		21	9	4	1 0

Pacific						
Pos	##	Player	Sh	SOG	G	A DS
-----	-----	-----	-----	-----	-----	-----
GK	24	Niles, Valerie.....	-	-	-	- -
F	3	Campos, Vianney.....	4	3	-	- -
D/M	4	Manson, Michelle....	2	-	-	- -
M/F	6	Maurer, Laura.....	-	-	-	- -
F	7	Atilano, Marissa....	1	1	-	- -
M/F	10	Walsh, Dana.....	-	-	-	- -
D	11	McGrath, Kaily.....	1	1	-	- -
F	12	Purcell, Natalie....	1	-	-	- -
MF	15	Busch, Elle.....	-	-	-	- -
M/D	17	Chaney, Jennifer....	2	-	-	- -
F	20	Demel, Melody.....	-	-	-	- -
----- Substitutes -----						
	9	Fixsen, Katie.....	-	-	-	- -
	13	Dixon, Jenny.....	-	-	-	- -
	18	Neault, Danielle....	-	-	-	- -
	19	Martinez, Brianne...	-	-	-	- -
	22	Blount, Elizabeth...	-	-	-	- -
	Totals.....		11	5	0	0 0

California			
##	Player	MIN	GA Saves
-----	-----	-----	-----
77	Veronica Sykes.....	70:00	0 5

Pacific			
##	Player	MIN	GA Saves
-----	-----	-----	-----
24	Niles, Valerie.....	70:00	4 5

Shots by period			
	1	2	Tot
-----	-----	-----	-----
California.....	7	14	- 21
Pacific.....	9	2	- 11

Saves by period			
	1	2	Tot
-----	-----	-----	-----
California.....	5	0	- 5
Pacific.....	0	5	- 5

Penalty corners			
	1	2	Tot
-----	-----	-----	-----
California.....	2	7	- 9
Pacific.....	6	0	- 6

SCORING SUMMARY:

GOAL	Time	Team	Goal Scorer	Assists	Description
-----	-----	-----	-----	-----	-----
1.	5:34	CAL	Jennifer Crane	(unassisted)	
2.	23:50	CAL	Valentina Godfrid	Penalty stroke	
3.	58:18	CAL	Chilly Banuelos	Penalty stroke	
4.	60:45	CAL	Alexandra Harkins	Missy Crane	

PLAYER CARDS:

GC-CAL #21 (4:22)

Timekeeper: Annie Marie Smith; Scorer: Kimberley Hoidal;
 Offsides: California 0, Pacific 0.

 Officials signature