

2005 REGULAR SEASON STANDINGS & STATISTICS ~ AS OF OCTOBER 9

<u>Team</u>	<u>Conference</u>			<u>Overall</u>				<u>Scoring</u>				Saves	DS	Corners	Pn-Strokes
	W	L	Pct.	W	L	Pct.	Str	G	A	Pts	Shots				
Pacific	3	0	1.000	5	7	.416	L1	22	17	61	124	66	1	54	1-1
California	4	1	.800	8	6	.571	W4	49	38	136	252	50	1	107	1-2
Radford	3	1	.750	6	7	.462	W1	13	10	36	137	61	10	75	1-1
Stanford	2	2	.500	4	10	.286	L1	23	12	58	179	55	2	67	1-2
Longwood	1	1	.500	4	8	.333	L1	18	9	45	78	74	10	30	1-1
Davidson	0	3	.000	3	7	.300	W1	23	12	58	148	72	6	78	0-0
Appalachian State	0	5	.000	2	11	.154	L2	11	5	27	72	138	5	30	1-1

PLAYERS OF THE WEEK

Offensive

Valentina Godfrid, Jr., For. California (Rosario, Argentina)

Godfrid was involved in five of Cal's six goals in a non-conference victory over Pacific. She tallied her fourth hat trick of the season, while notching a pair of assists as well. Last week propelled Godfrid in to the NCAA lead in goals (21) and goals per game (1.5) and second in points (49) and points per game (3.50). It was her second straight honor.

Defensive

Natalie Bowen, So., Back Radford (Hampton, Va.)
Katie Murphy, Jr., Back Longwood (Virginia Beach, Va.)

Both Bowen and Murphy made two defensive saves last week. Bowen recorded her fourth and fifth ones of the season against Virginia and Longwood. The one against the Lancers thwarted Longwood's bid to tie the game with 10 minutes left.

Murphy recorded hers against Appalachian State and Radford. Against the Mountaineers, it was key in preserving the Lancer's one-goal victory, while the one against Radford, kept the Highlanders from expanding on their 1-0 lead.

Rookie

Stephanie McLamb, Fr., For. Radford (Gloucester, Va.)

McLamb scored the game-winning goal in a 1-0 victory over Longwood. Her goal in the 47th minute was the first of her collegiate career and helped the Highlanders improve to 3-1 in the Conference.

RECENT RESULTS

Mon., Oct. 3

Davidson 10, Catawba 1

Wed., Oct. 5

Virginia 2, Radford 0

Fri., Oct. 7

Longwood 3, Appalachian State 2 (at Richmond)
Stanford 5, Davidson 1

Sat., Oct. 8

Cal 6, Pacific 1 (non-conference)
Davidson 3, Georgetown 2 OT

Sun., Oct. 9

Radford 1, Longwood 0
 #5 North Carolina 4, Stanford 0 (at Wake)
 Appalachian State vs. Georgetown Cancelled

Home Team in Bold

NorPac Contest in Italics
 Ranking is at time of each poll

UPCOMING CONTESTS

Mon., Oct. 10

#1 Wake Forest 6, Stanford 1

Tues., Oct. 11

#5 North Carolina at Davidson 4 pm

Thurs., Oct. 13

Pacific at William & Mary 7 pm

Fri., Oct. 14

Pacific at VCU 6 pm

Sat., Oct. 15

Longwood at Stanford 1 pm

Sun., Oct. 16

Davidson vs. Pacific (William & Mary) Noon
Longwood at California 1 pm
 Appalachian State at Radford (non-con.) 2 pm

NorPac Contest in Italics
 Ranking is at time of each poll
 Times in home teams time zone

Appalachian State (2005: 2-11, 0-5)
Head Coach: Mandy Latz (Third year)

8/27	at Colgate	L, 2-3 OT
8/28	at Siena	W, 1-0
9/2	INDIANA	L, 0-1
9/4	Towson (at Davidson)	L, 0-4
9/7	STANFORD *	L, 0-2
9/10	at Louisville	L, 0-4
9/11	vs. Pacific (at Louisville) *	L, 1-5
9/18	vs. Iowa (at Duke)	L, 1-7
9/21	RADFORD *	L, 0-3
9/25	at UMBC	W, 3-1
9/29	at Wake Forest	L, 1-8
10/2	vs. California (at Davidson) *	L, 0-11
10/7	vs. Longwood (at Richmond) *	L, 2-3
10/9	vs. Georgetown (at Davidson)	Cancelled
10/16	at Radford	2 pm
10/23	at Davidson *	4:30 pm
10/30	CATAWBA	4 pm
11/3-5	NorPac Tournament	

Davidson (2005: 3-7, 0-3)
Head Coach: Lisa Thompson (3rd year)

8/27	RIDER	W, 3-2 OT
9/02	TOWSON	L, 1-5
9/10	at Radford *	L, 1-3
9/17	vs. Saint Louis (at Miami (Ohio))	L, 1-2
9/18	at Miami (Ohio)	L, 0-2
9/23	IUP	L, 1-2
9/29	CALIFORNIA *	L, 2-7
10/3	CATAWBA	W, 10-1
10/7	STANFORD *	L, 1-5
10/8	GEORGETOWN	W, 3-2 OT
10/11	NORTH CAROLINA	4 pm
10/16	vs. Pacific (at William & Mary) *	Noon
10/23	APPALACHIAN STATE *	4:30 pm
10/29	LONGWOOD *	3 pm
10/30	LOCK HAVEN	1 pm
11/3-5	NorPac Tournament	

Pacific (2005: 5-7, 3-0)
Head Coach: Linda MacDonald (8th year)

8/27	vs. Delaware (at California)	L, 2-3 OT
8/28	MIAMI (Ohio)	W, 2-0
9/2	vs. Syracuse (at California)	W, 4-0
9/3	vs. Michigan State (at California)	L, 0-2
9/5	vs. Iowa (at California)	L, 1-8
9/8	at Louisville	L, 1-4
9/9	at Indiana	L, 0-6
9/11	vs. Appalachian State (at Louisville) *	W, 5-1
9/23	CALIFORNIA *	W, 2-1
9/25	STANFORD	L, 1-2
10/1	at Stanford *	W, 4-3 (3-1 PS)
10/8	at California	L, 1-6
10/13	at William & Mary	7 pm
10/14	at Virginia Commonwealth	6 pm
10/16	vs. Davidson (at W&M) *	Noon
10/18	LONGWOOD *	Noon
10/23	vs. Michigan (at California)	3 pm
10/29	RADFORD *	1 pm
11/3-5	NorPac Tournament	

Stanford (2005: 4-10, 2-2)
Head Coach: Leslie Irvine (3rd year)

8/27	MIAMI (OHIO)	L, 1-2 OT
8/30	DELAWARE	L, 1-5
9/2	IOWA	L, 1-3
9/4	SYRACUSE	L, 2-3 OT
9/5	MICHIGAN STATE	L, 0-3
9/7	at Appalachian State *	W, 2-0
9/10	vs. American (at Maryland)	L, 0-1
9/11	at Maryland	L, 0-6
9/13	vs. Bucknell (at Maryland)	W, 6-0
9/17	at California *	L, 0-1
9/25	at Pacific	W, 2-1
10/1	PACIFIC *	L, 3-4 (1-3 PS)
10/7	at Davidson *	W, 5-1
10/9	vs. North Carolina (at Wake Forest)	L, 0-4
10/10	at Wake Forest	L, 1-6
10/15	LONGWOOD *	1 pm
10/29	CALIFORNIA	1 pm
10/31	RADFORD *	1 pm
11/3-5	NorPac Tournament	

California (2005: 8-6, 4-1)
Head Coach: Shellie Onstead (10th year)

8/28	DELAWARE	L, 1-2 OT
8/30	MIAMI (OHIO)	W, 5-0
9/2	MICHIGAN STATE	L, 1-4
9/3	IOWA	L, 1-2
9/5	SYRACUSE	W, 3-1
9/8	vs. UMBC (at Maryland)	W, 6-2
9/10	at Maryland	L, 2-4
9/11	vs. American (at Maryland)	L, 1-3
9/17	STANFORD *	W, 1-0
9/23	at Pacific *	L, 1-2
9/29	at Davidson *	W, 7-2
10/1	vs. Radford (at Davidson) *	W, 3-0
10/2	vs. Appalachian State (at Davidson) *	W, 11-0
10/8	PACIFIC	W, 6-1
10/16	LONGWOOD *	1 pm
10/22	MICHIGAN	TBA
10/29	at Stanford	1 pm
11/3-5	NorPac Tournament	

Longwood (2005: 4-8, 1-1)
Head Coach: Nancy Joel (7th year)

8/28	at James Madison	L, 0-4
9/3	vs. Robert Morris (at JMU)	W, 6-1
9/4	vs. UMBC (at Richmond)	W, 1-0
9/7	at Georgetown	L, 2-3 OT
9/11	at Virginia Commonwealth	L, 0-1
9/18	vs. Rider (at Virginia Beach)	L, 1-2
9/24	at Temple	L, 1-1
9/25	at American	L, 1-6
9/28	at Virginia	L, 1-3
10/2	vs. St. Francis (at Richmond)	W, 6-2
10/7	vs. Appalachian State (at Richmond) *	W, 3-2
10/9	at Radford *	L, 0-1
10/15	at Stanford *	1 pm
10/16	at California *	1 pm
10/18	at Pacific *	3 pm
10/29	at Davidson *	3 pm
10/31	vs. Lock Haven (at Davidson)	1 pm

Radford (2005: 6-7, 3-1)
Head Coach: Jeff Woods (20th year)

8/28	at Richmond	L, 0-3
8/31	at James Madison	L, 0-2
9/3	vs. Georgetown (at JMU)	W, 3-2 (6-5 PS)
9/4	ROBERT MORRIS	W, 2-1 OT
9/10	DAVIDSON *	W, 3-1
9/17	at Fairfield	W, 2-1
9/18	at Quinnipiac	L, 0-3
9/21	at Appalachian State *	W, 3-0
9/23	at Virginia Commonwealth	L, 0-1
9/25	at North Carolina	L, 0-4
10/1	vs. California (at Davidson) *	L, 0-3
10/5	at Virginia	L, 0-2
10/9	LONGWOOD *	W, 1-0
10/16	APPALACHIAN STATE	2 pm
10/19	at Wake Forest	7 pm
10/22	vs. Rutgers (at Louisville)	2 pm
10/23	at Louisville	1 pm
10/29	at Pacific *	1 pm
10/31	at Stanford *	1 pm
11/3-5	NorPac Tournament	

Game times are in home team's time zone

* NorPac Match

HOME MATCHES IN ALL CAPS



Julie Nagel (1986 -2005)
Gaithersburg, Md.

The NorPac Conference wishes to express its deepest sympathy to the family, friends, teammates and coaches of Appalachian State student-athlete, Julie Nagel who passed away October 8, 2005.

Commissioner
Carla Konet

A member of Appalachian athletics' elementary education as a freshman before switching to accounting this fall. She appeared in eight matches for the Mountaineers this season, making two starts. She earned all-state recognition in 2003 at Wooten High School in Gaithersburg, Md., where she captained both the field hockey and lacrosse squads.

A memorial service will be held on Wednesday, October 12 at 1:00 pm at River Road Unitarian Church in Bethesda, Maryland. Directions and information can be found at <http://www.rruc.org>

In lieu of flowers, etc., the Nagel family has asked that contributions be made in Julie's memory to:

YMCA Camp Tockwogh Campaign for Kids Scholarship Fund
24370 Still Pond Neck Road
Worton, MD 21678
800-331-CAMP(2267)

2005 STX/NFCA Oct. 11 Rankings

No.	School	Rec.	Pts.	Prev.
1.	Wake Forest	11-0	540 (27)	1
2.	Maryland	13-1	512	2
3.	Duke	9-3	461	3
4.	North Carolina	10-2	440	3
5.	American	11-0	433	5
6.	Penn State	13-1	413	6
7.	Indiana	11-1	369	7
8.	Old Dominion	10-4	366	8
9.	Ohio State	12-2	325	9
10.	Northeastern	13-1	281	11
11.	Michigan	8-6	245	14
12.	Iowa	8-5	243	12
13.	Louisville	10-4	198	13
14.	Connecticut	9-4	196	15
15.	Michigan State	8-6	176	10
16.	Boston College	7-4	102	17
	James Madison	8-5	102	18
18.	Villanova	11-3	91	16
19.	Boston Univ.	9-3	88	19
20.	Virginia	8-5	28	NR

2005 NorPac Statistics

Individual Statistics

POINTS

Player, School	M	G	A	Pts.
Valentina Godfrid, California	14	21	7	49
Vianney Campos, Pacific	10	10	3	23
Teela Crosthwaite, California	14	6	11	23
Andrea Lo, California	14	7	4	18
Alexis Ramey, Longwood	12	7	1	15
Missy Crane, California	14	6	1	13
Caroline Hussey, Stanford	14	6	1	13
Cristin Newbold, Longwood	12	5	3	13
Emily Davis, Davidson	10	7	1	13
Natalie Purcell, Pacific	12	5	2	12

POINTS PER GAME

(Min 1.0/game)

Player, School	M	Pts.	Avg.
Valentina Godfrid, California	14	49	3.50
Vianny Campos, Pacific	10	23	2.30
Emily Davis, Davidson	10	15	1.50
Teela Crosthwaite, California	14	23	1.64
Andrea Lo, California	14	18	1.29
Alexis Ramey, Longwood	12	15	1.25
Cristin Newbold, Longwood	12	13	1.08
Natalie Purcell, Pacific	12	12	1.00

GOALS SCORED

Player, School	M	Gls.
Valentina Godfrid, California	14	21
Vianney Campos, Pacific	10	10
Emily Davis, Davidson	10	7
Andrea Lo, California	14	7
Alexis Ramey, Longwood	12	7
Missy Crane, California	14	6
Teela Crosthwaite, California	14	6
Caroline Hussey, Stanford	14	6
Cristin Newbold, Longwood	12	5
Natalie Purcell, Pacific	12	5
Jess Zutz, Stanford	14	5
Jennifer Crane, California	14	5

GOALS PER GAME

(Min 0.33/game)

Player, School	M	Gls.	Avg.
Valentina Godfrid, California	14	21	1.50
Vianney Campos, Pacific	10	10	1.00
Emily Davis, Davidson	10	7	0.70
Alexis Ramey, Longwood	12	7	0.58
Andrea Lo, California	14	7	0.50
Missy Crane, California	14	6	0.43
Teela Crosthwaite, California	14	6	0.43
Caroline Hussey, Stanford	14	6	0.43
Cristin Newbold, Longwood	12	5	0.42
Natalie Purcell, Pacific	12	5	0.42

ASSISTS

Player, School	M	Ast.
Teela Crosthwaite, California	14	11
Valentina Godfrid, California	14	7
Jen Chaney, Pacific	12	6
Chilly Banuelos, California	14	6
Jenna Long, California	14	6
Tiffany Church, Radford	13	4
Missy Halliday, Stanford	14	4
Andrea Lo, California	14	4
Vianney Campos, Pacific	10	3
Jessica Harris, Appalachian State	13	3
Kayli Maxwell, Davidson	10	3
Cristin Newbold, Longwood	11	3

ASSISTS PER GAME

(Min 0.33/game)

Player, School	M	Ast.	Avg.
Teela Crosthwaite, California	14	11	0.79
Jen Chaney, Pacific	12	6	0.50
Chilly Banuelos, California	14	6	0.43
Valentina Godfrid, California	14	7	0.50
Jenna Long, California	14	6	0.43

DEFENSIVE SAVES

Player, School	M	DS
Shannon Ratte, Longwood	10	7
Jen Willis, Davidson	10	5
Kiera Gambeski, Radford	13	5
Natalie Bowen, Radford	13	5
Katie Murphy, Longwood	12	3
Quantina Chau, Appalachian State	13	2
Carrie Johnson, Appalachian State	13	2

Goalkeeping Statistics

GOALS AGAINST AVERAGE

(Min 51% of team's minutes)

Player, School	Min.	GA	GAA
Veronica Sykes, California	985:38	23	1.63
Amy Dietz, Radford	838:05	21	1.75
Avanell Schmitz, Longwood	805:59	24	2.08
Madison Bell, Stanford	648:50	20	2.16
Rachel Kiselewich, Davidson	515:35	20	2.72
Valerie Niles, Pacific	881:45	35	2.78
Kate Ryno, Appalachian State	867:53	48	3.87

SAVES

(Min 51% of team's minutes)

Player, School	M	Svs	Avg.
Kate Ryno, Appalachian State	13	133	10.23
Avanell Schmitz, Longwood	12	76	6.33
Rachel Kiselewich, Davidson	8	45	5.63
Valerie Niles, Pacific	12	65	5.42
Amy Dietz, Radford	13	55	4.23
Veronica Sykes, California	14	50	3.57
Madison Bell, Stanford	10	36	3.60

SAVE PERCENTAGE

(Min 51% of team's minutes)

Player, School	M	Svs	Avg.
Avanell Schmitz, Longwood	12	76	.760
Kate Ryno, Appalachian State	13	133	.735
Rachel Kiselewich, Davidson	8	45	.692
Amy Dietz, Radford	13	55	.724
Veronica Sykes, California	14	50	.685
Valerie Niles, Pacific	12	65	.650
Madison Bell, Stanford	10	36	.643

Team Statistics

GOALS SCORED

School	M	SH	G	Avg.
California	14	252	49	3.50
Davidson	10	148	23	2.30
Pacific	12	124	22	1.83
Longwood	12	98	21	1.75
Stanford	14	179	23	1.64
Radford	13	137	13	1.00
Appalachian State	13	72	11	0.85

GOALS AGAINST

School	M	SHA	GA	Avg.
California	14	140	23	1.64
Radford	13	142	23	1.77
Longwood	12	183	26	2.17
Stanford	14	163	33	2.36
Pacific	12	184	36	3.00
Davidson	10	158	31	3.10
Appalachian State	13	285	52	4.00

PENALTY CORNERS

School	M	C	Avg.
Davidson	10	78	7.80
California	14	107	7.64
Radford	13	75	5.77
Stanford	14	67	4.79
Pacific	12	54	4.50
Longwood	12	40	3.33
Appalachian State	13	30	2.31

PENALTY CORNERS AGAINST

School	M	C	Avg.
California	14	63	4.50
Stanford	14	67	4.79
Pacific	12	85	7.08
Radford	13	103	7.92
Longwood	12	96	8.00
Davidson	10	80	8.00
Appalachian State	13	121	9.31

Players of the Week

Offensive

Aug. 29th	Vianny Campos, Pacific
Sept. 5th	Valentina Godfrid, California
Sept. 12th	Vianny Campos, Pacific
Sept. 19th	Andrea Lo, California
Sept. 26th	Natalie Purcell, Pacific
Oct. 3rd	Valentina Godfrid, California
Oct. 10th	Valentina Godfrid, California

Defensive

Aug. 29th	Valerie Niles, Pacific
Sept. 5th	Kate Ryno, Appalachian State
	Amy Dietz, Radford
Sept. 12th	Veronica Sykes, California
Sept. 19th	Jen Willis, Davidson
Sept. 26th	Amy Dietz, Radford
Oct. 3rd	Shannon Ratte, Longwood
Oct. 10th	Natalie Bowen, Radford
	Katie Murphy, Longwood

Rookie

Aug. 29th	Andrea Lo, California
Sept. 5th	Erica Nestle, Pacific
Sept. 12th	Andrea Lo, California
Sept. 19th	Caroline Hussey, Stanford
	Whitney Parker, Radford
Sept. 26th	Sarah Scheller, Stanford
Oct. 3rd	Missy Crane, California
Oct. 10th	Stephanie McLamb, Radford

National Stats

Points

R	Name, School	Points
2	Valentina Godfrid, Cal	49

Points Per Game

R	Name, School	Points Per Game
2	Valentina Godfrid, Cal	3.50

Goals

R	Name, School	Goals
1	Valentina Godfrid, Cal	21

Goals Per Game

R	Name, School	Goals Per Game
1	Valentina Godfrid, Cal	1.50

Assists

R	Name, School	Assists
t2	Teela Crosthwaite, Cal	11

Goals Per Game

R	Name, School	Goals Per Game
t6	Teela Crosthwaite, Cal	0.79

Saves

R	Name, School	Saves
3	Kate Ryno, Appalachian State	133

Save Percentage

R	Name, School	Save Percentage
18	Avanell Schmitz	

Defensive Saves

R	Name, School	Defensive Saves
2	Shannon Ratte, Longwood	7
t5	Jen Willis, Davidson	5
t5	Kiera Gambeski, Radford	5
t5	Natalie Bowen, Radford	5
t14	Katie Murphy, Longwood	3

Defensive Saves Per Game

R	Name, School	Defensive Saves Per Game
2	Shannon Ratte, Longwood	0.58
5	Jen Willis, Davidson	0.50
t8	Kiera Gambeski, Radford	0.39
t8	Natalie Bowen, Radford	0.39
t17	Katie Murphy, Longwood	0.25