

2008 REGULAR SEASON STANDINGS & STATISTICS (AS OF 9/7/08)

Team	Conference			Overall				Scoring							
	W	L	Pct.	W	L	Pct.	Str	G	A	Pts	Shots	Saves	DS	Corners	Pn-Strokes
California	3	0	1.000	4	1	.800	W3	19	18	56	107	14	1	55	1-1
Longwood	1	1	.500	1	4	.200	L1	8	6	22	51	27	1	29	0-0
Davidson	0	0	.000	2	2	.500	W2	7	6	20	40	16	1	21	1-1
Stanford	0	0	.000	1	3	.250	W1	7	6	20	29	25	1	13	0-0
Pacific	0	0	.000	0	3	.000	L3	2	2	6	15	19	5	14	0-0
Radford	0	1	.000	0	4	.000	L4	2	1	5	25	31	1	14	0-0
Appalachian State	0	2	.000	0	4	.000	L4	6	3	15	27	27	0	23	0-0

PLAYERS OF THE WEEK

Offensive

Andrea Lo, Sr., Mid.
California (West Vancouver, B.C.)

Lo tallied either a goal or an assist or both in four matches last week. With her three goals and three assists, she helped Cal to a 3-1 overall mark and 3-0 in the NorPac. In those three conference matches, Lo tallied a goal and an assist vs. Radford and Appalachian State and a goal at Longwood. She currently leads the team with 10 points.

Defensive

Lisa Muhl, Jr., Back
Pacific (Harleysville, Pa.)

Muhl recorded three defensive saves against Kent State. She had two saves in the first half, three minutes apart, to keep the Tigers within striking distance. Muhl notched her third in the second half still keeping Pacific within a goal.

Rookie

Kate van der Ven, Fr., Mid.
Davidson (Arnhem, The Netherlands)

van der Ven was involved in three of Davidson's four goals in a 4-2 victory over previously unbeaten Virginia Commonwealth. With the Wildcats trailing 1-0, she assisted on the equalizer just 58 seconds later and then put Davidson in the lead for good with a goal three minutes later. van der Ven then assisted on the eventual game-winner three minutes after the go ahead goal.

RECENT RESULTS

Mon. Sept. 1

Drexel 2, at **California 1 OT**

Wed., Sept. 3

California 4, at Longwood 1*

Thurs., Sept. 4

at No. 10 Michigan State 3, **Stanford 2 OT**

Fri., Sept. 5

at Kent State 2, **Pacific 1**
California 4, Radford 0* (at Longwood)
 at No. 9 Michigan 5, **Stanford 1**
at Davidson 3, Georgetown 2

Sat., Sept. 6

at Longwood 4, Appalachian State 1*
 Lock Haven 2, **Pacific 1** (at Kent State)
at Davidson 4, VCU 2

Sun., Sept. 7

Cal 7, Appalachian State 0* (at Longwood)
Stanford 3, Central Michigan 2 (at Michigan)
 Vermont 2, **at Longwood 1**
 VCU 5, **Radford 2** (at Davidson)

NorPac Team in Bold

NorPac Contest Italics

Rankings reflect last week's poll.

UPCOMING CONTESTS

Mon., Sept. 8

Pacific vs. Robert Morris (at Kent State) 2 pm

Fri., Sept. 12

Radford at Robert Morris 1 pm
Davidson at Longwood * 6 pm

Sat., Sept. 13

Appalachian State at West Chester Noon
 No. 4 Iowa **at Stanford** 1 pm (PT)
 No. 19 Albany **at California** 1 pm (PT)
Davidson vs. Towson (at Longwood) 3 pm

Sun, Sept. 14

Radford at Saint Francis Noon
Appalachian State vs. Rider (at West Chester) Noon
 Towson **at Longwood** 1 pm
Pacific vs. No. 4 Iowa (at Stanford) 3 pm
 No. 19 Albany **at Stanford** 3:30 pm (PT)

NorPac Team in Bold

NorPac Contest Italics

Rankings reflect this week's poll.

2008 NEWS AND NOTES

Around the NorPac

Appalachian State

The Mountaineers head to Pennsylvania this weekend for matches at West Chester University against the host institution and Rider.

California

Cal got out of the gates quickly in NorPac play going 3-0 on its recent trip to Farmville, Va. The Bears defeated Longwood, Radford and Appalachian State after opening the week with a home loss to Drexel.

Davidson

Davidson swept a two-match homestand last weekend with wins over Georgetown and previously unbeaten VCU.

Freshman **Kate van der Ven** score her first collegiate goal in the win over VCU.

The Wildcats will open NorPac play this week when they travel to Longwood on Sept. 12.

Longwood

The Lancers continue their season-long five-match homestand this week, hosting Davidson and Towson this weekend.

Pacific

Pacific concludes its first of two three-match trips to Ohio on Monday. The Tigers will play six matches in Ohio and six matches in California this season.

Lisa Muhl and **Brianna Cummins** lead the NorPac in defensive saves with three and two respectively.

The Tigers have a tough three-match stretch after Monday's tilt versus Robert Morris with three Big Ten opponents; Iowa, Indiana and Michigan State.

Radford

Radford's young squad showed signs of improvement last weekend. They held Cal scoreless for over 50 minutes and then scored a pair of goals vs. VCU. Freshman **Courtney Poole** and sophomore **Lara Cariker** tallied their first collegiate goals for the Highlanders.

Stanford

Stanford continues with its tough non-conference schedule with a pair of home matches vs. No. 4 Iowa and No. 19 Albany this week.

NorPac vs. Opponents

Teams

Albany	.0-1
Ball State	.0-1
Bucknell	.0-1
Central Michigan	.1-0
Drexel	.0-2
Georgetown	.1-0
Kent State	.0-1
Lock Haven	.0-2
Miami (Ohio)	.0-1
Michigan	.0-1
Michigan State	.0-1
Missouri State	.0-1
New Hampshire	.0-1
Robert Morris	.0-1
Vermont	.0-1
Virginia Commonwealth	.1-1

Conferences

America East	.0-3
Big Ten	.0-2
Colonial	.1-3
Independent	.1-0
Mid-American	.1-4
Northeast	.0-3
Patriot League	.0-1

Players of the Week

Offensive

Sept. 2nd	Katie Knoche, Cal
Sept. 9th	Andrea Lo, Cal
Sept. 16	
Sept. 23	
Sept. 30	
Oct. 7	
Oct. 14	
Oct. 21	
Oct. 28	
Nov. 3	

Defensive

Sept. 2nd	Kelly Knoche, Cal
Sept. 9th	Lisa Muhl, Pacific
Sept. 16	
Sept. 23	
Sept. 30	
Oct. 7	
Oct. 14	
Oct. 21	
Oct. 28	
Nov. 3	

Rookie

Sept. 2nd	Beth Ridley, Stanford
Sept. 9th	Kate van der Ven, Davidson
Sept. 16	
Sept. 23	
Sept. 30	
Oct. 7	
Oct. 14	
Oct. 21	
Oct. 28	
Nov. 3	

2008 STX/NFCA Sept. 9 Rankings

No.	School	Rec.	Pts.	Prev.
1.	Maryland	4-0	998 (22)	
2.	Wake Forest	4-0	973 (28)	
3.	North Carolina	2-2	836 (1)	
4.	Iowa	2-2	789	
5.	Connecticut	3-0	763	
6.	Duke	3-1	675	
7.	Syracuse	4-0	644	
8.	Virginia	4-0	632 (1)	
9.	James Madison	2-1	594	
10.	Michigan State	3-1	583	
11.	Penn State	1-2	521	
12.	Boston College	4-0	419	
13.	Louisville	2-1	415	
14.	American	2-2	301	
15.	Ohio State	4-0	297	
16.	Michigan	1-3	296	
17.	Princeton	2-0	200	
18.	Boston University	2-1	160	
19.	Albany	3-1	118	
20.	Old Dominion	0-4	117	

Also Receiving Votes: **California (49), Stanford (13)**

2008 NorPac Schedules and Results

Appalachian State (2008: 0-4, 0-2) Head Coach: Brandi Alexander (3rd)

8/30	at Robert Morris	L, 3 - 4
8/31	vs. Missouri State (at Robert Morris)	L, 2 - 4
9/6	at Longwood *	L, 1 - 4
9/7	vs. California * (at Longwood)	L, 0 - 7
9/13	at West Chester	Noon
9/14	vs. Rider (at West Chester)	Noon
9/17	Stanford *	7:45
9/21	vs. Ohio State (at Duke)	3:00
9/27	vs. Monmouth (at Davidson)	1:00
10/1	Davidson	7:45
10/5	vs. Boston College (at Duke)	3:00
10/11	at Radford *	1:00
10/16	Pacific *	6:00
10/18	Longwood	10:00 a.m.
10/22	at Davidson *	7:00
10/25	at Duke	1:00
10/28	Catawba	7:45
11/2	Radford	1:00
11/6-8	at NorPac Tournament 6	

^ NorPac Tournament, Farmville, Va.

California (2008: 4-1, 3-0) Head Coach: Shellie Onstead (13th)

8/30	at Pacific	W, 3-0
9/1	Drexel	L, 1-2 (OT)
9/4	at Longwood *	W, 4-1
9/5	vs. Radford * (at Longwood)	W, 4-0
9/7	vs. Appalachian State * (at Longwood)	W, 7-0
9/13	Albany	1:00 PT
9/25	at Michigan	5:00
9/27	at Michigan State	1:30
9/28	vs. Northwestern (at Michigan)	1:00
10/4	Pacific *	1:00 PT
10/11	Davidson *	1:00 PT
10/15	at Old Dominion	5:00
10/17	vs. Delaware (at Richmond)	1:00
10/19	at Wake Forest	1:00
10/24	Stanford	1:30 PT
11/1	at Stanford *	1:00 PT
11/6-8	NorPac Tournament ^	

^ NorPac Tournament, Farmville, Va.

Davidson (2008: 2-2, 0-0) Head Coach: Ginny Sutton (2nd)

8/30	at Miami	L, 0-5
8/31	vs. Ball State (at Miami)	L, 0-2
9/5	Georgetown	W, 3-2
9/6	VCU	W, 4-2
9/12	at Longwood *	6:00
9/13	vs. Towson	3:00
9/20	Longwood	1:00
9/21	Wake Forest	3:00
9/26	Catawba	7:00
9/28	Monmouth	12:30
10/1	at Appalachian State *	7:45
10/4	at Radford	3:00
10/11	at California *	1:00 PT
10/12	vs. Pacific *	1:00 PT
10/14	at Stanford *	3:00 PT
10/18	Bryant	1:00
10/22	Appalachian State	7:00
10/25	Radford *	1:00
11/2	at North Carolina	2:00
11/6-8	at NorPac Tournament ^	

^ NorPac Tournament, Farmville, Va.

Longwood (2008: 1-4, 1-1) Head Coach: Iain Byers (1st)

8/30	at Lock Haven	L 1-5
8/31	vs. Bucknell (at Lock Haven)	L 1-4
9/4	California *	L 1-4
9/6	Appalachian State *	W 4-1
9/7	Vermont	L 1-2
9/12	Davidson	6:00
9/14	Towson	1:00
9/20	at Davidson *	1:00
9/24	vs. Stanford * (at Davidson)	1:00
9/28	North Carolina	1:00
9/29	Wake Forest	6:00
10/5	at Radford *	3:00
10/11	VCU	1:00
10/1	at Virginia	6:00
10/18	at Appalachian State	10:00 a.m.
10/19	vs. Pacific * (at Appalachian State)	11:00 a.m.
10/22	Radford	7:00
10/26	at Duke	1:00
10/31	William and Mary	6:00
11/6-8	NorPac Tournament	

^ NorPac Tournament, Farmville, Va.

Pacific (2008: 1-3, 0-0) Head Coach: Linda MacDonald (11th)

8/30	California	L, 3-0
9/5	at Kent State	L, 2-1
9/6	vs. Lock Haven (at Kent State)	L, 2-1
9/08	vs. Robert Morris (at Kent State)	W, 3-0
9/14	vs. No. 4 Iowa (at Stanford)	11:00 a.m. PT
9/18	vs. Indiana (at Miami)	5:00
9/20	vs. Michigan State (at Miami)	1:00
9/21	at Miami	12:00
9/27	at Stanford	1:00 PT
10/04	at California *	1:00 PT
10/12	vs. Davidson * (at California)	1:00 PT
10/16	at Appalachian State *	6:00
10/18	vs. Radford * (at Appalachian State)	12:30
10/19	Longwood * (at Appalachian State)	11:00 a.m.
10/26	Stanford *	3:00 PT
11/6-8	at NorPac Tournament ^	

^ NorPac Tournament, Farmville, Va.

Radford (2008: 0-4, 0-1) Head Coach: Jeff Woods (23rd)

8/30	vs. No. 19 Albany (at American)	L, 0-3
8/31	vs. New Hampshire (at American)	L, 0-3
9/5	vs. Cal (at Longwood)	L, 0-4
9/7	vs. VCU (at Davidson)	L, 2-5
9/12	at Robert Morris	1:00
9/14	at Saint Francis	12:00
9/19	vs. Stanford * (at Davidson)	6:00
9/21	at North Carolina	1:00
9/26	at Rider	4:00
9/28	at Lafayette	12:00
10/4	Davidson	3:00
10/5	Longwood *	3:00
10/11	Appalachian State *	1:00
10/15	at Wake Forest	6:00
10/18	vs. Pacific * (at Appalachian State)	12:30
10/19	vs. Bryant (at Davidson)	1:00
10/22	at Longwood	7:00
10/25	at Davidson *	2:00
11/2	at Appalachian State	1:00
11/6-8	at NorPac Tournament ^	

^ NorPac Tournament, Farmville, Va.

NORPAC TOURNAMENT

November 6-8, 2008

Longwood University - Farmville, Va.

Thurs., Nov. 6

Game 1 - #4 Seed vs. #5 Seed
Game 2 - #2 Seed vs. #7 Seed
Game 3 - #3 Seed vs. #6 Seed

Fri., Nov. 7

Game 4 - Gm. 2 Loser vs. Gm. 3 Loser
Game 5 - #1 Seed vs. Game 1 Winner
Game 6 - Gm. 2 Winner vs. Gm. 3 Winner

Sat., Nov. 8

Fifth Place Game
Game 8 - Gm. 1 Loser vs. Gm. 4 Winner
Third Place Game
Game 9 - Gm 5 Loser vs. Gm. 6 Loser
Championship Game
Game 10 - Gm. 5 Winner vs. Gm. 6 Winner

Stanford (2008: 1-3, 0-0) Head Coach: Leslie Irvine (6th year)

8/30	Drexel	L, 1-3
9/3	at No. 10 Michigan State	L, 2-3 (OT)
9/5	at No. 9 Michigan	L, 1-5
9/7	vs. Central Michigan (at Michigan)	W, 3-2
9/13	No. 4 Iowa	12:00 PT
9/14	No. 19 Albany	3:30 PT
9/17	at Appalachian State *	7:45
9/19	vs. Radford * (at Davidson, N.C.)	6:00
9/21	vs. Longwood * (at Davidson)	12:00
9/27	Pacific	1:00 PT
10/4	at Northeastern	6:00
10/6	at Holy Cross	2:00
10/14	Davidson *	3:00 PT
10/24	at California *	1:30 PT
10/26	at Pacific *	3:00 PT
11/1	California *	1:00 PT
11/6-8	NorPac Tournament ^	

^ NorPac Tournament, Farmville, Va.

Game times are in home team's
time zone

* NorPac Match

Home Matches are in Bold
Rankings at time of competition

NORPAC
NORTHERN PACIFIC FIELD HOCKEY CONFERENCE

2008 NorPac Statistics & Leaders

Individual Statistics

INDIVIDUAL POINTS LEADERS

Player, School	M	G	A	Pts.
Andrea Lo, California	5	3	4	10
Ashley Glosz, California	5	3	1	7
Erin Magill, California	5	3	1	7
Rachel Moffitt, California	5	0	6	6
Natalie Nurnberg, California	5	2	2	6
Amanda Young, Appalachian State	4	3	0	6
Gwen Belomy, California	5	2	1	5
Kate Knoche, California	5	2	1	5

10 players tied with four points

INDIVIDUAL GOAL LEADERS (Min 0.33/game)

Player, School	M	G	Avg.
Amanda Young, Appalachian State	4	3	0.75
Andrea Lo, California	5	3	0.60
Ashley Glosz, California	5	3	0.60
Erin Magill, California	5	3	0.60
Carolina Bistue, California	4	2	0.50
Stephanie Byrne, Stanford	4	2	0.50
Claire Perry, Davidson	4	2	0.50
Christine Zanolowicz, Appalachian State	4	2	0.50
Amanda Babineau, Longwood	5	2	0.40
Gwen Belomy, California	5	2	0.40
Katie Knoche, California	5	2	0.40
Natalie Nurnberg, California	5	2	0.40

INDIVIDUAL ASSISTS LEADERS (Min 0.33/game)

Player, School	M	A	Avg.
Rachel Moffitt, California	5	6	1.20
Andrea Lo, California	5	4	0.80
Jessie Harris, Appalachian State	4	3	0.75
Britti Himelfarb, Davidson	4	2	0.50
Tyler Kirkland, Davidson	4	2	0.50
Bailey Richardson, Stanford	4	2	0.50
Kate van der Ven, Davidson	4	2	0.50
Natalie Nurnberg, California	5	2	0.40
Lauren Van de Kamp, Longwood	5	2	0.40
Kellie York, California	5	2	0.40

TOP POINT AVERAGES (Min 1.0/game)

Player, School	M	Pts.	Avg.
Andrea Lo, California	5	10	2.00
Amanda Young, Appalachian State	4	6	1.50
Ashley Glosz, California	5	7	1.40
Erin Magill, California	5	7	1.40
Rachel Moffitt, California	5	6	1.20
Natalie Nurnberg, California	5	6	1.20

Eight tied at 1.00 per game

INDIVIDUAL SHOTS (Min 2.00/game)

Player, School	M	SH	Avg.
Katie Knoche, California	5	20	4.00
Ashley Glosz, California	5	17	3.40
Kate van der Ven, Davidson	4	13	3.25
Carla Binnewies, Longwood	5	14	2.80
Natie Nurnberg, California	5	13	2.60
Erin Magill, California	5	12	2.40
Camille Gandhi, Stanford	4	9	2.25
Carolina Bistue, California	5	10	2.00
Andrea Lo, California	5	10	2.00

DEFENSIVE SAVES

Player, School	M	DS
Lisa Muhl, Pacific	3	3
Brianna Cummins, Pacific	3	2
Holly LoJacono, Radford	4	1
Nora Soza, Stanford	4	1
Sara Stevens, Davidson	4	1
Carolina Bistue, California	5	1

Goalkeeping Statistics

GOALS AGAINST AVERAGE (MIN 50% OF TEAM'S MINUTES)

Player, School	GP/GS	Min.	GA	GAA
Kelly Knoche, Cal	5/5	269:46	3	0.78
Sabra Holt, Appalachian State	4/4	265:00	15	3.96
Christa Goeke, Davidson	3/3	210:00	6	2.00
Christina Niccum, Pacific	3/3	210:00	7	2.33
Megan Stucke, Radford	4/4	248:37	15	4.22
Erin West, Longwood	5/5	340:50	16	3.29
Beth Ridley, Stanford	4/3	214:06	11	3.59

SAVES

(Min 50% of team's minutes)

Player, School	M	Svs	Avg.
Kelly Knoche, California	5	11	2.20
Sabra Holt, Appalachian State	4	24	6.00
Christa Goeke, Davidson	3	11	3.67
Christina Niccum, Pacific	3	19	6.33
Megan Stucke, Radford	4	30	7.50
Erin West, Longwood	5	26	5.20
Beth Ridley, Stanford	4	22	5.50

SAVE PERCENTAGE

(MIN 50% OF TEAM'S MINUTES)

Player, School	M	Svs	Pct.
Kelly Knoche, California	5	11	.786
Sabra Holt, Appalachian State	4	24	.615
Christa Goeke, Davidson	3	11	.647
Christina Niccum, Pacific	3	19	.731
Megan Stucke, Radford	4	30	.667
Erin West, Longwood	5	26	.628
Beth Ridley, Stanford	4	22	.667

Team Statistics

GOALS SCORED

School	M	SH	Avg.	G	Avg.
California	5	56	11.20	19	3.80
Davidson	4	40	10.00	7	1.75
Stanford	4	29	7.25	7	1.75
Longwood	5	27	5.40	8	1.60
Appalachian State	4	27	6.75	6	1.50
Pacific	3	19	6.33	2	0.67
Radford	4	25	6.25	2	0.50

GOALS AGAINST

School	M	SHA	Avg.	GA	Avg.
California	5	19	3.80	3	0.60
Pacific	3	60	20.00	7	2.33
Davidson	4	50	12.50	11	2.75
Longwood	5	61	12.20	16	3.20
Stanford	4	56	14.00	13	3.25
Radford	4	69	17.25	15	3.75
Appalachian State	4	75	18.75	18	4.50

PENALTY CORNERS

School	M	C	Avg.
California	5	55	11.00
Longwood	5	29	5.80
Appalachian State	4	23	5.75
Davidson	4	21	5.25
Pacific	3	14	4.67
Radford	4	14	3.50
Stanford	4	13	3.25

PENALTY CORNERS AGAINST

School	M	C	Avg.
California	5	19	3.80
Longwood	5	33	6.60
Davidson	4	28	7.00
Stanford	4	28	7.00
Radford	4	36	9.00
Pacific	3	31	10.33
Appalachian State	4	42	10.50

NCAA Leaders

TEAM (TOP 30) SCORING AVERAGE

R	School	Gm	G	Min.	Avg
7	California	5	19	352	3.78

GOALS PER GAME

R	School	Gm	G	Avg
7	California	5	19	3.80

ASSISTS PER GAME

R	School	Gm	A	Avg
t3	California	5	15	3.00
t29	Davidson	4	6	1.50

POINTS PER GAME

R	School	Gm	Pts	Avg
7	California	5	53	10.60

SCORING MARGIN

R	School	GF/GA	Min.	Avg
6	California	19/3	352	3.19

GOALS AGAINST AVERAGE

R	School	Gm	Min.	GA	Avg
8	California	5	352	3	0.60

SHUTOUTS PER GAME

R	School	Gm	SO	Avg
5	California	5	3	0.60

SAVE PERCENTAGE

R	School	Gm	Svs.	GA	Pct.
10	California	5	14	3	.824

SAVES PER GAME

R	School	Gm	Svs.	Avg
12	Radford	4	31	7.75
16	Appalachian St.	4	27	6.75
t19	Pacific	3	19	6.33
27	Longwood	5	27	5.40

PENALTY CORNERS PER GAME

R	School	Gm	PC	Avg
2	California	5	55	11.00

INDIVIDUAL (TOP 30)

POINTS PER GAMES

R	Name, School	Gm	Pts.	Avg
t23	Andrea Lo, California	5	10	2.00

GOALS PER GAME

R	Name, School	Gm	G	Avg
2	California	5	19	3.80

ASSISTS PER GAME

R	Name, School	Gm	G	Avg
5	Rachel Moffitt, California	5	6	1.20
13	Andrea Lo, California	5	4	0.80

GOAL AGAINST AVERAGE

R	Name, School	Gm	Min	GA	GAA
11	Kelly Knoche, California	5	269	3	0.78

SAVES PER GAME

R	Name, School	Gm	Sv	Avg
t9	Megan Stucke, Radford	4	30	7.50
t18	Sabra Holt, Appalachian St.	4	24	6.00
25	Erin West, Longwood	5	26	5.20

SAVE PERCENTAGE

R	Name, School	Gm	Svs.	Pct.
16	Kelly Knoche, California	5	11	.786

SAVES IN A GAME

R	Name, School	Opp	S
5	Megan Stucke, Radford	California (9/5)	13