



**Brian Stanley, Director for Media Relations - P.O. Box 6913, Radford, Va. 24142**  
**Phone: (540) 831-6884 - Fax: (540) 831-6095 – E-mail: [bmstanley@radford.edu](mailto:bmstanley@radford.edu)**

## **FOR IMMEDIATE RELEASE**

**Wednesday, Nov. 3, 2010**

### **Travlos, Amato, Turner and de Grandhomme Garner Top NorPac Honors**

**DAVIDSON, N.C.** –Stanford senior midfield **Xanthe Travlos** has repeated as the NorPac West's Player of the Year, while Davidson's sophomore forward **Finley Amato** was named East Division Players of the Year, announced Wednesday evening at the league's annual awards banquet held at Davidson's Lilly Gallery of Chambers Building.

Longwood's **Stacey de Grandhomme** was tabbed the Maria Whitehead Rookie of the Year and **Ginny Turner** of the host Wildcats garnered coach of the year honors.

Other awards were handed out as well. In the East, Amato was also named Offensive Player of the Year, and Longwood's senior defender **Lauren van de Kamp** was named Defensive Player Of The Year. In the West, sophomore forward **Nadia Namdari** of UC Davis and Stanford's sophomore defender **Becky Dru** were named Offensive and Defensive Players of the Year, respectively.

Sarah Schneider of UC Davis was recognized as the Sheryl Johnson academic award recipient and Davidson's Maddie Parrish was presented with the Julie Nagel Extraordinary Teammate Award.

Travlos, two-time recipient of this award and four-time all-conference selection, is one of the top all-around players in all of college hockey. Always a threat on the offensive end, she has the ability to recover and be a stifling defender as well. Recently selected to participate in the NFHCA Division I Senior All-Star Game, Travlos recorded six goals and 14 points which ranks her second and third in a balanced offensive attack that had 13 different multiple-goal scorers and 15 overall.

Amato, who emerged as Davidson's most dangerous attackers, has led the NorPac in scoring since the third week of the season and has garnered East Offensive Player of the Week honors three times. The Lake Forest, Ill. native, finished the regular season with 15 goals, five assists and 35 points and was the 'Cats top scorer in NorPac play. In league play, she scored a pair of goals in wins over Longwood and Radford that keyed and or completed comebacks. With two more points, she will set Davidson's all-time single season points mark.

Turner, in her fourth year at the helm, has guided Davidson to their most overall wins since 1994 and best season ever in NorPac play. The 'Cats claimed their second NorPac East title with a 5-1 record and a prolific offensive attack, breaking the previous school single-season goal scoring record of 52 with 56 goals. The 'Cats also clamped down defensively, recording five shutouts and allowing one less goal per game than they did a year ago.

Davidson's success garnered national attention as the Wildcats received votes in the Kookaburra/NFHCA Division I Top-20 Coaches Poll for four consecutive weeks during the season and again in the final week of the regular season. The Wildcats received votes for the first-time ever in 2008 during her second year as head coach.

de Grandhomme, a native of Capetown, South Africa, finished the season tied for second in the league in goals (9) and fifth in overall points (21), despite playing just 12 games during the regular season. She began her career in style, recording a hat trick against La Salle, in her first collegiate contest, garnering her both offensive and rookie of the week honors. She would go on to earn four rookie and two offensive accolades over the final seven weeks of the season.

Schneider, an applied chemistry major with an emphasis on pharmaceutical chemistry, holds a 3.95 overall GPA, which ranks her in the top one percent (28<sup>th</sup>/2,393) of her class. While posting a 4.0 in 2009-10, one of seven consecutive perfect quarters, she fulfilled an internship at the UC Davis post-doctoral biomedical engineering lab. While at the lab, she helped study a contrast agent used in MRI imaging for the diagnosis of coronary artery disease and plans to present her research at the Undergraduate Research Conference held in April of 2011. Schneider, who will graduate in 2011 with her graduate degree, plans to compete in her final year of eligibility next fall and begin medical school at UCD in the fall of 2012.

Parrish, a Chester, Va. native, was honored for exhibiting extraordinary care and support of her teammates, while demonstrating a genuine love for the sport and her academic institution. This award, which recognizes a NorPac sophomore, was established in 2005 by Appalachian State University in memory of former Mountaineer Julie Nagel.

**East Defensive Player of the Year: Senior Lauren van de Kamp (Longwood):** A strong defensive player, van de Kamp also contributed to the offense with a career senior season (9 goals, 5 assists), including a pair of goals handing Davidson its lone league loss of the season. Not just her defensive, but overall team leadership showed in Longwood's efforts against top-20 competition as well as NorPac squads.

**West Offensive Player of the Year: Sophomore Nadia Namdari (UC Davis):** UC Davis' leading scorer with seven goals, three assists and 17 points, while being ranked in the league's top 10 in goals and points. An offensive player of the week selection, she also paces the Aggies' offensive attack with 42 shots, 28 shots on goal and three-game winning tallies. Her overtime game-winner against Pacific gave UCD its first NorPac win in program history.

**West Defensive Player of the Year: Sophomore Becky Dru (Stanford):** One of four players to start every game for the Cardinal, Dru is extremely poised defender on the back line. She anchored the NorPac's top defense which allowed just 21 goals (1.28 GAA) against some of the top competition in the country. Dru is also an offensive threat leading the team with eight goals, six assists and 22 points.

## 2010 NorPac Accolades

### East Division All-Conference

#### (Four-way tie for the final spot)

Finley Amato (Davidson), So., Forward  
Lara Cariker (Radford), Sr., Midfielder  
Lisa Charney (Appalachian State), So, Forward  
Stacey de Grandhomme (Longwood), Fr. Forward  
Olga Knop (Longwood), Jr., Defender  
Steph Meador (Davidson), Jr., Defender  
Nicole Morgan (Appalachian State), Sr., Forward  
Jennie Mostellar (Davidson) Sr., Forward  
Clare Perry (Davidson), Sr., Midfielder  
Bridgette Street (Appalachian State), Jr., Goalkeeper  
Lauren Sullivan (Longwood), Sr., Forward  
Kay Tufts (Radford), Sr., Forward  
Lauren Van de Kamp (Longwood), Jr., Defender  
Madonna Wadolowski (Radford), Jr., Midfielder

### West Division All-Conference

Stephanie Byrne (Stanford), Sr., Forward  
Becky Dru (Stanford), So., Defender  
Camille Gandhi (Stanford), Sr., Defender  
Lisa Lohre (California), Sr., Defender  
Alessandra Moss (Stanford), Jr., Goalkeeper  
Nadia Namdari (UC Davis), So., Forward  
Kelly Perkins (Pacific), Sr., Forward/Midfielder  
Megan Psyllos (California), Sr., Midfielder  
Amanda Spellman (Pacific), Junior,  
Midfielder/Defender  
Xanthe Travlos (Stanford) Sr., Midfielder  
Casey Wollbrinck (UC Davis), So., Defender

### East Player of the Year

Finley Amato, Davidson

### West Player of the Year

Xanthe Travlos, Stanford

### East Offensive Player of the Year

Finley Amato, Davidson

### West Offensive Player of the Year

Nadia Namdari, UC Davis

### East Defensive Player of the Year

Lauren van de Kamp, Longwood

### West Defensive Player of the Year

Becky Dru, Stanford

### Coach of the Year

Ginny Turner, Davidson

### Maria Whitehead Rookie of the Year

Stacey de Grandhomme, Longwood

### Sheryl Johnson Academic Award

Sarah Schneider, UC Davis

### Julie Nagel Extraordinary Teammate Award

Maddie Parrish, Davidson